A meeting of Women Cell was held loda, which was chaired by convenor of the Committe De Manisha Kehli. All the member were welcomed and the steps and intitalines for the betterment of gul students ware descussed. Further it was also decided to select few girl student representatives for suggestion regarding female students problems.

A round of Egirls common Room was also to be taken to find out the requirements of the girls.

Jollawing members attended the medicing Convenor - De Manisha Kohli. W. Prof. Brati Sharma. Prof. Human Saxena. Prof. Vehram Bhardwaj Prof Deepli Gupler. Prof Any Charma. Prof Anupauna Prof Sachi Sood. 4. Dr. Poonama Vering Dr. Purning Thapar.

A meeting of women cell atong with the girl students was held in Room No-10 first were invited for their suggestion's and problems in the Common Room and the Compus. Yels discussed their problems and gave suggestion actively. Out of tall the first present, two girl representatives named Sakshi and Sakshi and Sakshi Rang were girle common Room's problems and any other usual related to them. Students were also told about various rights of their safety they were also briefed that if any unwelcoming remarks or Jolling members attended the meeting. Prof Bharli Sharing. Prof Humany Saxena. Vikram Bhardway rof Deepli Gupta. of Dury Sharme Prof Anyang Prox sady sood H. De Poorang Verme De - Purnima Thapas

A meeting of women cell was convened by convenor of the women cell Dr Maney Konli . She discussed about the important the college Campus after Gender audit was done in 28224 also assigned duties to all. the faculty members on weekly basis so that students are able to discuss their issues freely with the Committee members. She also asked the Committee menibers to upload. The Counselling sessions on the website so that students are able to attend the Courselling session, (if required) according to their class timelable following members attended the meetin Convener Dr Managha Kohly Prof Bharli Bhagea Sharme. Prof Humani Saxeng. Prof Vikram Bhandwaj Prof. Deepti. Prof Ancie sof Sachy Prof Sachy! Lt. Dr. Poonama Verme, Dr. Purning Thapa

## **ACADEMIC SESSION 2023-24**

### WOMEN'S CELL

#### NOTICE

## GOVT COLLEGE SANJAULI, SHIMLA -6

### SCHEDULE FOR COUNCELING

It is notified for the benefit of all students of this college that the following teachers are available for (Gender – related) counseling on any issues as per this schedule:

or. Maneesha Kohli (Convenor)	Monday	12:00pm - 01:00pm	9418460610
Assoc Prof (Botany Dept)			
Ms Bharti Sharma	Monday	12:40 pm – 02:00 pm	7018974410
Assoc Prof (Chemistry Dept)			
Mrs. Himani Saxena	Tuesday	02:00 pm – 03:00 pm	9816967019
Assoc Prof (English Dept)			
Mr. Vikram Bhardwaj	Tuesday	02:00 pm - 03:00 pm	07018233727-
Assoc Prof (History Dept)			
Mrs. Deepti Gupta	Wednesday	02:40 pm - 03:20 pm	9418963037
Asst Prof (Botany Dept)			
Mr. Anuj Sharma	Wednesday	01:00pm – 02:00 pm	9816037344
Asst Prof (Physics Dept)			
Ms Anupma Chaudhary	Thursday	02:00 pm – 03:00 pm	7018499630
Asst Prof (English Dept)			
Mrs. Saachi Sood	Thursday	02:40 pm – 03:20 pm	9418457530
Asst Prof ( Geography Dept)			
Lt Dr Poonama Verma	Friday	03:00 pm – 04:00 pm	7807959565
Asst Prof (Philosophy Dept )			
Dr. Purnima Thapar	Friday	02:40 pm – 03:20 pm	9736155739
Asst Prof (Public Administration			
Dept)			

Students may feel free to contact the teachers when they are free.

Dr. Maneesha Kohli

Convener Women Cell

(PRINCIPAL)

Dr Bhupinder Singh Thakur

A meeting of women Cell was convened by

Dr. Manisha Kohli Italto discuss on request

to Rotary Club regarding installation of

the Rotary Napkin rending machine and

one sanilary Napkin rending machine and

the various timegestions that girl students had

the various timegestions that girl students had

given. They needed few things like

given. They needed few things like

the lomnion Room (which they had quen

in previous meeting) Following members attended the medicing Convener - De Manisha Kohli Prof Humani Saxena Prof Deepti Prof Sacis H. De Poonama Vering Or Purning Thapar.



# NAAC Accredited 'B+' Grade College

Centre of Excellence

GOVT. COLLEGE, SANJAULI, SHIMLA -6, H. P.

WEB SITE: www.gcsanjauli.edu.in FAX/ Tel. No: 0177-2640332

E-Mail Address:principalsanjauli@gmail.com

No. EDN-COE-GCS-SML/rotaryclub

Dated: 17.07.2023

## Undertaking

This is to certify that while Govt. College Sanjauli is grateful to the Rotary Club, Shimla for its decision to install one stings y napkin vending machine and one incinerator in the college campus. The college is happy to undertake the AMC for the next five years. It also agrees to ensure the provision of Sanitary napkins for the vending machine. The college is obliged to The Rotary Club for this philanthropic engagement with the college and for its sensitivity towards the crucial issue of feminine hygiene.

> Centre of Excellence Govt. College Sanjauli Shimla-171006.

# NAAC Accredited 'B+' Grade College

Centre of Excellence

GOVT. COLLEGE, SANJAULI, SHIMLA -6, H. P. WEB SITE: www.qcsanjauli.edu.in

FAX/ Tel. No: 0177-2640332

E-Mail Address:principalsanjauli@gmail.com

No. EDN-COE-GES-SML/Kyan

Dated: 15.07.2023

To

The President Rotary Club, Shimla

Subject: Sponsorship for cycles and parking lot at GC Sanjauli

Sir/Madam

Reference, our telephonic conversation with you, regarding the proposed 'Cycle to College' project under the Green Shimla Vision of Govt. College Sanjauli, I'd first and foremost like to express our deep gratitude to the Rotary Club, Shimla for agreeing to participate in this. We hope to encourage our students and the youngsters of the town to cycle short distances within the town instead of using fuel-driven modes of transport. In order to facilitate the inculcation of this habit, we wish to have some cycles in place in the campus, which the students can borrow at a minimal cost.

As discussed with you, we look to you for financial support, since being a Government institution; we do not have funds to initiate too many activities on our own-- there's always a financial limitation. Your promise to finance the purchase of five cycles and the creation of the parking facility will kick-start this project in the current session. It would be nice to have the cycles and the parking on campus as soon as possible. While we express gratitude, we eagerly look forward to the cycles and the parking.

Thank you.

Warm regards,

Dr Manisha Kohli Govt. College, Sanjauli

**Principal** 

Govt. College Senjauli Shimla-6 DDO Code 230



A mething of woman cell was convened in which it was told by the Convener of the women cell that Rolary Club has agreed for installation of sanitary Napkin Vending Machine and one provide Sandary Napkin Club had also agreed to provide Sandary Napkin throughout the year club alongwith his team may be invited as a content of the coasian of a workshop and of August'2?

Convenor Dr Manisha Kohli Prof Bhathi Sharing.

Prof Deepti.

Prof Anysome.

Dr. Purning Tharas

# Women Cell Mission: Clean green Shirnla

Five bicycles were donated by Rotary Club today i.e on 22 August, 2023 as was promised by former President Rotary ClubMr Ajit Butail withan environment friendly mission in his mind that less vehicle must be used by people for commuting to their workplace. Also keeping in mind about erratic traffic jams in Shimla an initiative of using bicycles by students would set an example for the citizens to use less non-renewable resources like petrol and diesel run vehicle in the city. This step was welcomed by convenor Women cell Dr Manisha Kohli and



### Member's Women Cell

- Dr Manisha Kohli (Convenor)
- Associate Prof. Bharti Sharma
- Associate Prof. Himani Saxena
- Asstt Prof. Anupama Chaudhary
- Asstt. Prof Deepti Gupta
- Asstt. Prof. Mona Sharma
- Dr Purnima Thapar
- Dr Poonama Verma

List of Gender champions (Women cell)

#### Students name:

#### Roll No

1.	Sushant Thakur	210110036
2.	Priyanka Thakur	210110062
3.	Sachin Verma	2101401128
4.	Sneha Thakur	2101401052
5.	Rajvir Singh Rathore	2101524036
6.	Rashmi Rana	2101504012

## **Interaction Programme**

An interaction program was conducted by women cell in collaboration with ICC. During this interaction programme students were briefed about their rights and also about the existence of Internal complaint committee (ICC) in the college to resolve any gender related issues/complaint.

In this session students were encouraged to interact with committee members without any apprehension. Students actively participated in sharing their problem

#### Women cell committee members

- Dr Manisha Kohli
- Associate Prof Himani Saxena Y
- · Associate Prof Bharti Sharma
- Associate Prof Vikram Bharadwaj
- · Asstt. Prof Anuj Sharma
- · Asstt. Prof Saachi Sood
- Asstt. Prof Anupama
- Asstt. Prof Deepti Gupta
- Dr Purnima Thapar

#### Internal complaint committee (ICC)

- Associate Prof Bharti Bhagra
- Dr Manisha Kohli
- Associate Prof Bharti Sharma
- Dr Kamayani Bisht
- Dr Poonma verma
- Mrs Geeta Sharma

# Workshop on Women Health, Hygiene, Gender Sensitivity and Awareness regarding sexual Harassment

Women cell on 2<sup>nd</sup> august 2023 organized a workshop on Health and Hygiene in collaboration with Rotary club Shimla at college auditorium with a motto that 'empowerment begins with awareness'. The chief guest for the occasion was Dr Ram Lal, Professor Opthalomology, IGMC and our guest of honour and key note speaker was Dr Nishi Sood, Opthalomology Obstetrics at Kamla Nehru Hospital, Shimla. Other dignitaries Dr Prof of Gynaecology Obstetrics at Kamla Nehru Hospital, Shimla. Other dignitaries Dr Bhupinder Singh, Principal COE Sanjauli, Mr Amit Pal Sood President Rotary Club and Bhupinder Singh, Principal COE Sanjauli, Mr Amit Pal Sood President Rotary Club and Optician and media personnel were also present. The first half of the workshop began with a Optician and media personnel were also present. The first half of the workshop began with a welcome note by Associate Professor Himani Saxena to the August gathering. She presented a special thanks to the President Rotary club for donating sanitary pads dispensing machine to our institution. During the event a former President, Rotary club Mr Ajit Butail addressed the august gathering where he talked about the aims, objectives and functioning of Rotary Club. He further elaborated the upcoming cycle project in Shimla city which they plan to do in collaboration with our institution. This is an environment protection project which aims to promote bicycle riding for the citizens of Shimla.

Our keynote speaker Dr Nishi Sood gave her discourse on the topic of Menstrual Health and Hygiene as well as expounded the practical knowledge on the issues incidentally and substantially connected with the menstrual cycle and coitus. She also informed about the precautions and prevention to be taken in a pre/post intercourse period to maintain healthy menstrual as well as sexual life in consonance with day today life. Her informative talk was interactive and full of everyday practical knowledge.

The second half of the workshop hosted a lecture on 'sexual harassment of women at work place'. This lecture was delivered by Dr Kamayani, Associate Professor Department of English, COE, Sanjauli. She explained in detail through PPT about meaning and definition of sexual harassment, POSH Act,2013 and Vishakha guidelines to our student participants. Girl's students were briefed about their various rights if they face any kind of sexually coloured remarks or acts. As, many students were new entrance they were told that they can register their complaints with two committee's namely ICC and women cell and by doing so they will be provided with every kind of assistance from college authorities. The program ended with vote of thanks by the convenor of women cell Dr Manisha Kohli, Associate Professor Department of Botany.

#### Member's Women Cell

- Dr Manisha Kohli (Convenor)
- Associate Prof. Bharti Sharma
- Associate Prof. Himani Saxena
- Asstt Prof. Anupama Chaudhary
- Asstt. Prof Deepti Gupta
- Asstt. Prof Mona Sharma
- Dr Purnima Thapar
- Dr Poonama Verma

## Notice

Dated: 31.07.2023

This is to inform all the girl students of the college that Women Cell, Centre Excellence, Sanjauli College is organizing a lecture on female hygiene health by Dr. Nishi Sood (Professor) Gynecology and obstetrician in the conference hall on 2<sup>nd</sup> August 2023 at 12:00 Noon. An awareness program regarding use of newly installed sanitary pad vending machine and incinerator donated by Rotary Club Shimla will also be conducted.

All the girl students are directed to assemble in the conference hall by 11:30am.

Coordinator

Dr. Maneesha Kohli

Centre of Excellence

Govt. College Sanjauli

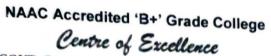
Shimla-171006, HP

# List of Gender champions (Women cell)

		celli		
Stud	ents name:	Roll No		
1	. Sushant Thakur	2101100-	Phone Number	
2	2. Priyanka Thakur	210110036 210110062	8219625845	
3	<ol><li>Sachin Verma</li></ol>	2101401128	7876149720	
4	<ol> <li>Sneha Thakur</li> </ol>	21014010=-	7018559402	
	<ol><li>Rajvir Singh Ratho</li></ol>	Rajvir Singh Rathore 2101524036		
(	6. Rashmi Rana	2101504013	7807080010	
			8351093792	

Minutes of the Medicing thof Aug's. A meiling of women cell was organised regarding selection of la gender champions for the source 2023-24 in the women Cou. The Convenor of the women Cou Dr Namely Scholi convened the meeting 6 students were selected from all the three streams i.e. Arts, Science and commerce for the representation of Students' problems, and a meeting was held were informed about their roles as gender champions they all assured that they will do their duty will sircerity. Tollowing meny bon were present in the meeting De Manisha Kohli-Prof Bhartí Grance. Prof Hemani saxing 10 Rof Dunfoure. Int Dr. Purnime Taker Total - Phone no - Signatur Sugents Name Roll No. 2 Sushorit Thokur 210110036 2 Priyanka Thakur 210110062 82196-25845 7876149720 7018559402 2101401128 3 Sachin Verma 8628829425 Duella Hakur 2101401052 7807080010 5 Rayver Singh Rathore 2101524036 6. Rashmir Rance 2101504013 83510 - 93 792 Julian

classmate Minutes of the Meeting 12.08.2 meeting was convened by Dr. Manisha Nomen cell she informed that the request of the proposal Cycle College' was accepted by the Rotary C Cheepe' was accepted by members had be a when Rotary Club members had be a when Rotary Club members had be Rolary Club. invited for the workshop on Women Heals and flygiene) and they readily peromised to finance the purchase of 5 cycles and the purchase of 5 cycles and the creation of parking facility in the Campus



GOVT. COLLEGE, SANJAULI, SHIMLA -6, H. P.

WEB SITE: www.gcsanjauli.edu.in FAX/ Tel. No: 0177-2640332

E-Mail Address:principalsanjauli@gmail.com

No. EDN-COE-GCS-SML/Kyan

Dated: 15.07.2023

The President Rotary Club, Shimla

Subject: Sponsorship for cycles and parking lot at GC Sanjauli

Sir/Madam

Reference, our telephonic conversation with you, regarding the proposed 'Cycle to College' project under the Green Shimla Vision of Govt. College Sanjauli, I'd first and foremost like to express our deep gratitude to the Rotary Club, Shimla for agreeing to participate in this. We hope to encourage our students and the youngsters of the town to cycle short distances within the town instead of using fuel-driven modes of transport. In order to facilitate the inculcation of this habit, we wish to have some cycles in place in the campus, which the students can borrow at a minimal cost.

As discussed with you, we look to you for financial support, since being a Government institution; we do not have funds to initiate too many activities on our own-- there's always a financial limitation. Your promise to finance the purchase of five cycles and the creation of the parking facility will kick-start this project in the current session. It would be nice to have the cycles and the parking on campus as soon as possible. While we express gratitude, we eagerly look forward to the cycles and the parking.

Thank you.

Warm regards,

Dr Manisha Kohli Govt. College, Sanjauli

**Principal** 

Govt. College Senjauli Shimla-6 DDO Code 232

### Women Cell Mission: Clean green Shimla

Five bicycles were donated by Rotary Club today i.e on 22 August, 2023 as was promised by former President Rotary Club Mr Ajit Butail with an environment friendly mission in his mind that less vehicle must be used by people for commuting to their workplace. Also keeping in mind about erratic traffic jams in Shimla an initiative of using bicycles by students would set an example for the citizens to use less non-renewable resources like petrol and diesel run vehicle in the city. This step was welcomed by convenor Women cell Dr Manisha Kohli and members and gender champions.



#### Member's Women Cell

- Dr Manisha Kohli (Convenor)
- Associate Prof. Bharti Sharma
- Associate Prof. Himani Saxena
- Asstt Prof. Anupama Chaudhary
- Asstt. Prof Deepti Gupta
- Asstt. Prof Mona Sharma
- Dr Purnima Thapar
- Dr Poonama Verma



# minutes of the meeting

Student members of Women cell had a meeting with Principal Ma'am Rharti & Bhagua and Consumer of thomen cell regarding:

- 1. Restocking of Sanitary napkins time to time 2. Charging 5/- fore stack napkin withdraw 3. heekly robuty of student and teachers to
- I bleekly tiduty of student and teachers to inspect both guils common room as my as blashroom.
- 4. Appointment of a Peon in Cuils Common Room From 15:00 AM to 3:00 PM.

# Minutes of Meetings

Gender champions along with convener and committee members had a meeting regarding flction Plan for gender sensitization where all the Students gave their ideas and advises.

the committee therefore at the end of meeting decided the action Plan-2k23 as-

- 1. The Readers Club will screen films that challenge Problematic ideas about gender including normalizations power imbalances and binaries.
- 2. All upcoming gender equity program will be designed in a manner that there is equal Participation from boys and girls.
  - 3. The girls common room will be made more lively and comfortable with addition of jurnilare and accessories.
  - 4. Members for issues pertaining to gender will make themselves available for counseling. The members themselves will undergo regular training sessions for such counseling.

#### Report for the academic year 2022-23

On 6th July 2022 Women Cell and POSH Committee convened a meeting to induct new members. The faculty and staff representatives to the meeting included Mrs. Bharti Sharma, Dr. Sandhya Sharma, Mrs. Anita Rathour, Dr. Ruby Kapoor, Dr. Vinay Mohan Sharma, Mrs. Anupama Chaudhary, Mr. Aditya Singh Dulta and Dr. Poonama Verma. The student members included Prateck and Disha Dogra (B.A. 3rd year).

On 8th July 2022, Dr. Kamayani Bisht of the English Department delivered a lecture on Vishakha Guidelines to apprise the college students, teaching, and non-teaching staff about legal provisions for the prevention of sexual harassment in the workplace.

On 25th July 2022 it was resolved to provide personal counseling to the students on genderrelated issues and a weekly counseling schedule was designed and put up on the college notice boards.

From 6th to 8th October 2020 a three-day workshop on self-defense for 100 female students was organized in collaboration with India Today war correspondent and former officer of the Indian Army Col. Rajesh Pawar.

On 25th November 2020 a lecture on myths surrounding Health, Hygiene, and Women's Skin Health by Dr. Neha Sud (Dermatologist) was oragnised for girl students.

On 20th February 2023, a workshop on Menstrual Health and Hygiene was organized for female students in collaboration with Lions Club Shimla, and ENACTUS SSBUICET Panjab University Chandigarh.

On 4th March 2023, leading to International Women's Day approximately 25 female students and teachers of the college participated in the documentary film screening on the struggle and empowerment of women in Gaiety Theatre Shimla. It was organised by the Directorate of Women and Child Development, Govt. of HP.

On 26 July 2022 and 27th March 2023, the two bi-annual meetings of the Internal Complaints Committee (ICC) were held. A review of the activities of the Women Cell and POSH Committee was presented. It was reported that no cases of sexual harassment were received.

Prevention of Sexual Harassment Women's Cell, GC Sanjauli

women Cell the A meeting held was Enveron coll and Women Wor Chardiga



# Fwd: Workshop on Health and Environment in collaboration with your distinguished institute on 29th February 2024

Seema Kapoor <seemakap2014@gmail.com> To: principalsanjauli@gmail.com

Sat, Feb 24, 2024 at 12:03 PM

Respected Prof.Bharti, Principal, Centre of Excellence, Sanjauli, Shimla

Greetings!

This is in regard to our telecon held yesterday i.e. 23.02.2024 regarding a Workshop on Health and Environment in collaboration with your distinguished institute on 29th February 2024 in forenoon.

Enactus Panjab University is a student chapter of an international non profitable organisation, with over 100+ active students onboard. Our collective aim centres on fostering positive change in society, with a particular focus on Health and Environment.

Your department's stellar reputation, not only in Shimla but across the region, has captured our admiration. Your institution stands as a beacon of educational excellence and we believe that joining forces for a noble cause can yield extraordinary results.

Through engaging discussions, interactive sessions and enlightening workshops, we endeavour to empower young minds with knowledge about safe and healthy menstrual practices and environmental sustainability.

Thank you for considering our proposal of holding the said workshop.

Please feel free to reach for any query at my mobile no given below.

Thanks & Regards,

Prof. Seema Kapoor
Faculty Advisor, Enactus
Dr. SSB Univ Inst. of Chemical Engg. & Technology
Panjab University
Chandigarh
MOb No.- 9815756789
Alternate email: seemakapoor@pu.ac.in